

**Menus Subject to Change
Without Notice.
Milk served with meal.**



**Please call 723-3303
To make your reservation
one day in advance.**

Mon**Tue****Wed****Thu****Fri****NOTICE**

Congregate lunch contributions are anonymous and confidential. Suggested donation per meal is \$2.50 for those 60+ and \$4.60 for those under 60.

Please sign up for lunch one day in advance, especially on those days when the meals are sponsored by a local business. The staff appreciates your cooperation.

<p>2 Baked Ham Au Gratin Potatoes Capri Blend Vegetable Whole Wheat Roll Ambrosia Pudding</p>	<p>3 Shepherd's Pie Steamed Carrots Biscuit Creamy Cucumbers Blackberry cobbler</p>	<p>4 Birthday Party Roast Turkey/Cranberry Sauce Dressing Green Beans Whole Wheat Roll Cole Slaw Cake and Ice Cream</p>	<p>5 Swiss Steak Noodles Spinach Tossed Salad Muffin Cookie</p>	<p>6 Paprika Chicken /Fish Choice Mashed Potatoes/Sour Cream Gravy Summer Blend Vegeta- bles Marinated Carrot Salad Whole Wheat Bread Blueberry Cheesecake</p>
<p>9 Spaghetti/meat sauce Italian Blend Vegetables Garlic Bread Caesar Salad Lemon Bar</p>	<p>10 Chicken Vegetable Soup Turkey/Swiss Croissant Sandwich Pickles & Olives Fruit Cup Cookie</p>	<p>11 Oven Baked Chicken Baked Potato Broccoli/Cauliflower Stewed Tomato Whole Wheat Roll Fresh Fruit</p>	<p>12 Myer's Day Salisbury Steak Mashed Potatoes/Gravy California Blend Pea Salad Brownie Biscuit</p>	<p>13 Turkey Steak /Fish Choice Mashed Potatoes/Gravy Mixed Vegetable Tossed Salad Muffin Coconut Crunch</p>
<p>16 Gillies Parmesan Chicken Rice Pilaf Peas and Carrots Broccoli Craisin Salad Whole Wheat Roll Fruit Pie</p>	<p>17 Corned Beef Cabbage New Potatoes Emerald Isle Jell-o Salad Bran Muffin Grasshopper Pie</p>	<p>18 Pioneer Care Beef Stroganoff Noodles Harvard Beets Whole Wheat Roll Cole Slaw Peach Cobbler</p>	<p>19 City Baked Potato Soup Chicken/Cheddar Crois- sant Sandwich Veggies/Dip Citrus Fruit Cup Cookie</p>	<p>20 Chicken Fried Steak/ Fish Choice Mashed Potatoes/ Country Gravy Chuck wagon Blend Biscuit Fruited Jell-O Salad Fresh Fruit</p>
<p>23 Chicken Chow Mein Chinese noodles Egg Roll Chinese Cabbage Salad Whole wheat Roll Fresh Fruit/Fortune Cookie</p>	<p>24 Pork Chop/Stuffing Broccoli/Cauliflower Whole Wheat Roll 3-bean salad Raisin Bar</p>	<p>25 Swedish Meatballs Rice Scandinavian Blend Muffin Tossed Salad Cookie</p>	<p>26 Chicken Tenders Mashed Potatoes/Gravy Brussels Sprouts Carrot Raisin Salad Biscuit Pudding</p>	<p>27 Integrity Meat Loaf/Fish Choice Mashed Potatoes Winter blend Vegetable Spinach Salad Whole Wheat bread Strawberry Shortcake</p>
<p>30 Beef Pot Pie Pickled Beets Cottage Cheese/Pear Salad Whole Wheat Roll Spicy Peach Crisp</p>	<p>31 Taco Salad Corn Muffin Chips and Salsa (Center Only) Tropical Fruit salad Cook's Choice Dessert</p>	<p>Brunch and Learn Biscuits w/sausage gravy Sausage Links Fruit cup Milk</p>		